

# STREATERIES

## LUNCH MENU: TRADITIONAL



WEEK 1  
Autumn Winter 2025/26  
03/11/25, 24/11/25,  
15/12/25, 05/01/26,  
26/01/26, 16/02/26,  
09/03/26, 30/03/26



**MON**

Swedish Style Meatballs in Gravy with Cranberry Jam

Summerset Apple, Leek & Bean Stew V

Creamy Mash, Peas & Green Beans V



**TUE**

Char Siu Roast Pork with Chinese Style Curry Sauce

Chinese Style Vegetable Curry V

Steamed Rice & Wok Fried Veggies V



**WED**

Roast Chicken & Thyme Toad in the Hole

Veggie Banger Toad in the Hole V

Roasties, Smashed Honey Parsnips & Seasonal Greens V



**THU**

Aspens Hand Pressed Beef Burger, Caramelised Onion & Mac Sauce

Cheese & Onion Burger V with Smoky Tomato Relish

Roasted Root Veg V Wedges & Green Salad



**FRI**

Choose from:  
Battered Fish  
Sausage or Veg Sausage  
Pizza Slice V  
Chicken Nuggets  
Chips

Garden Peas or Baked Beans  
Irish Curry Sauce  
Chip Shop Gravy

### MAINS

### SIDES

### PASTA & NOODLE POTS

Chinese Style Char Sui Chicken in Chinese BBQ Topped Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Protein Packed Spicy Pork & Lentil Ragù

### DELI HOT

Southern Chicken Strips Wrap

Macaroni Pizza Slice

BBQ Pink Onion Deli Dog

Classic Pepperoni

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

## - LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY

### FILLINGS

Swedish Meatball

Chinese Style Curry Char Siu Pork

BBQ Beans & Pink Onion

Cheese, Caramelised Onion & Mac Sauce

All The Classics

### BIG BOWL SALAD

Avocado Super Green Salad

Avocado Chicken Caesar

Quinoa Superfood Bowl

Grain & Seed Health Bowl

Special Salad

### DESSERTS

Chai Spiced Baked Rice Pudding

Cheesecake of the Day

Aspens Fruit Crumble & Custard

Apple Tart Tatin & Custard

Aspens Homemade Cookie

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO

# STREATERIES

## LUNCH MENU: TRADITIONAL



WEEK 2  
Autumn Winter 2025/26  
10/11/25, 01/12/25,  
22/12/25, 12/01/26,  
02/02/26, 23/02/26,  
16/03/26



Peri Chicken & Macho Pea  
Pasta Bake Chilli Lime Aioli

Peri Crispy Chickpea &  
Butterbean Pasta Bake V

Zesty Dressed  
Roast Broccoli V



Honey Mustard Glazed  
British Bangers with  
Roasted Red Onion

Honey Mustard Glazed Veggie  
Bangers with Roasted Red  
Onion V

Leek Mashed Potatoes,  
Mushy Peas & Gravy V



Slow Roast Garlic &  
Rosemary Pork with  
Apple Stuffing

Cauliflower & Broccoli  
Cheesy Bake V

Roasties, Savoy Cabbage  
& Cauliflower V



Chicken Tikka  
Balti Curry

Butternut Tomato  
Chilli Masala V

Garlic Rice, Roasted V  
Cauliflower & Green Beans



Choose from:  
Battered Fish  
Sausage or Veg Sausage  
Pizza Slice V  
Chicken Nuggets  
Chips

Garden Peas or Baked Beans  
Irish Curry Sauce  
Chip Shop Gravy

### PASTA & NOODLE POTS

Thai Green  
Vegetable Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Super Green Lentil Pesto

### DELI HOT

BBQ & Crispy Onion Wings

Crispy Chicken Burger

Thai Curry Pizza Slice

Curried Chicken &  
Spinach Wrap

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

## - LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY

### FILLINGS

Spicy Peri Chicken  
& Cheese

Bolognese

Meatball Marinara

Chicken Tikka Balti

All The Classics

### BIG BOWL SALAD

Zesty Kale &  
Tandoori Chickpea

Indian Chickpea  
Greens & Mint Yoghurt

American Style  
Cobb Salad

Honey Mustard Chicken  
Cobb Salad

Special Salad

### DESSERTS

Jam Sponge & Custard

Banana Sticky Toffee  
Pudding & Custard

Fruit Crumble & Custard

Chocolate Cake & Chocolate  
Custard

Aspens  
Cookie Slice

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO

# STREATERIES

## LUNCH MENU: TRADITIONAL



WEEK 3  
Autumn Winter 2025/26  
17/11/25, 08/12/25,  
29/12/25, 19/01/26,  
09/02/26, 02/03/26,  
23/03/26



**MON**  
Minced Beef Hotpot  
Topped with Root Veg &  
Potatoes

Lentil, Onion & Root Veg  
Hotpot V

Savoy Cabbage  
& Peas V



**TUE**  
BBQ Chicken &  
Cheese Melt

Cajun Spiced  
Bean Burger V

Cajun Rice & Roasted  
Mediterranean Veg V



**WED**  
Maple Glazed Gammon  
with Crispy Smashed New  
Potatoes

Honey Carrot & Apple  
Wellington V

Carrot & Swede Mash,  
Green Beans V



**THU**  
Pork Ragu  
Lasagne al Forno

Spinach, Cream Cheese &  
Roasted Veg Lasagne V

Crusty House Baked Bread,  
Roast Carrots V  
or Garden Salad



**FRI**  
Choose from:  
Battered Fish  
Sausage or Veg Sausage  
Pizza Slice V  
Chicken Nuggets  
Chips

Garden Peas or Baked Beans  
Irish Curry Sauce  
Chip Shop Gravy

### PASTA & NOODLE POTS

Teriyaki Chicken Noodles

Protein  
Lean Chicken Bolognese

Classic Meatball Pasta

Pulled Ham Carbonara

Classic Chicken  
Chow Mein

### DELI HOT

Mexican Hot Pizza Slice

BBQ  
Cornflake Crunch Wings

Masala Mayo Deli Dog

Chinese Style  
Chicken Wrap

Cheesy Chips

### FILLINGS

Beef Mince & Onion

Smoky Spanish Beans  
& Aioli

Masala Mayo, Cheese &  
Crispy Onion

Pulled Ham  
Carbonara Sauce

Loaded  
All The Classics

### BIG BOWL SALAD

Roasted Tomato & Pepper  
Pasta Salad

Pasta Butterbean,  
Roasted Tomato & Spinach

California Caprese

Citrus Chicken, Spinach  
& Mozzarella

Special Salad

### DESSERTS

Old School Jam  
Cornflake Crunch

Cheesecake of the Day

Fruit Crumble & Custard

Golden Syrup Sponge &  
Custard

Aspens Homemade  
Cookie

Daily Meal Deals  
Regular  
Chef's Specials

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**DAILY!**

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& Yogurt Pots  
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SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO